

#### JSS MAHAVIDYAPEETHA

# **ISS COLLEGE FOR WOMEN**

**KOLLEGAL - 571440, CHAMARAJANAGAR DIST** 

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# YOUTH RED CROSS

The Red Cross Society is a worldwide, well known, universally accepted, admired and internationally identified humanitarian service organization. It is the biggest, independent nonreligious, non-political, non-sectarian and voluntary relief organization treating people equally all over the world without any discrimination as to their nationality race and religion beliefs. It was established in 1863 in Geneva, Switzerland. The Father of Red Cross movement and recipient of noble award for peace in 1901 was "Jean Henry Dunant", who was a successful businessman. While going on a business mission, Dunant came on 24th June 1859 to Castiglione. It was on the same day, the battle of Solferino was fought nearby between French and Austrian armies. Dunant was horrified and moved by the sight and plight of the wounded soldiers. On witnessing the pathetic scene he forgot his business and started relief operations to all the wounded soldiers without any discrimination taking the help from people in villages nearby. In 1862 Dunant wrote a book "A memory of Solferino" which paved the way for the first Geneva Conference in 26th October 1863. The Geneva Society for Public Welfare, consider the Dunant's proposals which was mentioned in the book and convene a multinational conference for implementing them.

The Indian Red Cross is a voluntary humanitarian organization having a network of over 700 branches throughout the country, providing relief in times of disasters/emergencies and promotes health & care of the vulnerable people and communities. It is a leading member of the largest independent humanitarian organization in the world, the International Red Cross & Red Crescent Movement. IRCS has partnership with Multinational firms, individuals and with Indian Government and other agencies (UNDP, WHO). The Mission of the Indian Red Cross is to inspire, encourage and initiate at all times all forms of humanitarian activities so that human suffering can be minimized and even prevented and thus contribute to creating more congenial climate for peace.

Youth represent a substantial part of the membership of Red Cross for its humanitarian commitment. Young volunteers can make a significant contribution to meeting the needs of the most vulnerable people within their local communities through Red Cross youth programme. This has been designed to involve young people as much as possible in the movement and its activities not only as workers and also as beneficiaries, but as partners in management.

#### The main purpose of organizing the Youth Red Cross:

- Informing youth members and others the role and the responsibilities of the Red Cross and encouraging them to contribute
- An awareness on the care of their own health and that of others
- The understanding and acceptance of civic responsibilities and acting accordingly with humanitarian concern, to fulfill the same
- To enable the growth and development of a spirit of service and sense of duty with dedication and devotion in the minds of youth
- To foster better friendly relationship with all without any discrimination

#### Youth Red Cross has the following three principles:

- > Protection of Health & Life
- > Service to the Sick & Suffering
- > Promotion of National & International Friendship, to develop the mental and moral capacities of the youth

#### The YRC Motto

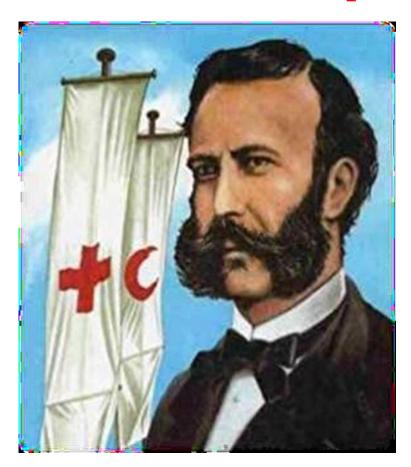
Youth Red Cross Unit members are the builders of the Nation who take part in bringing the very MOTTO of Red Cross, that is, "SERVICE TO SOCIETY"

The Youth Red Cross Unit of our college is striving hard to induce the spirit of active involvement among the students to render the community service through organizing following activities.

- Orientation Programme for Freshers about YRC
- First Aid and Fire Safety Training
- Blood Donation Camp
- Health check up camp
- Voting Awareness Rally
- National Youth Day
- World Health Day
- National Unity Day
- Communal Harmony Awareness Programmes

Youth Red Cross Program officer			
Sl. No.	Name & Designation	Department	
1	Basavadattamahadevaprasad C S Assistant Professor	Commerce	

# **Youth Red Cross Report**



Sir Jean Henry Dunant (1828-1910)

# **Father of Red Cross**

The Indian Red Cross Society was formed in 1920 by an act of Parliament. Hence, the President of India is the President of the Society and the Hon'ble Union Health and Family Welfare Minister its Vice-President. Governors of States are State Presidents.

The IRCS has 35 states/union territories branches with their more than 700 districts and sub districts branches. The vice president is elected by the members of managing body.

The National Managing body consists of 19 members. The Chairman and 6 members are nominated by president. The remaining 12 members are elected by the state and union territory branches through an electoral college

The Secretary General is the chief executive of the society

#### **ESTABLIMENT YEAR:**

Youth Red Cross wing was started in the academic year 2012-2013 in our college.

#### **OBJECTIVES:**

- Care your health and that of others.
- Understand and accept civic responsibilities.
- Volunteer to serve.
- Promote international understanding.
- National integration and good will.

#### **VISION:**

To improve the lives of vulnerable people in India and internationally by mobilizing the power of humanity.

#### **MISSION:**

- Inspire / encourage initiatives of all forms of humanitarians activities
- Prevent and minimize social sufferings
- Create more congenial climate for peace

#### YOUTH RED CROSS SYMBOL



The Red Cross symbolizes as an identifier for medical personnel during wartime. The Red Cross is defined as a protection symbol in Article 7 of the 1864 Geneva Convention, Chapter VII ("The distinctive emblem") and Article 38 of the 1949 Geneva Convention ("For the Amelioration of the Condition of the Wounded and Sick in Armed Forces in the Field"). There is an unofficial agreement within the Red Cross and Red Crescent Movement that the shape of the cross should be a cross composed of five squares. However, regardless of the shape, any Red Cross on white background should be valid and must be recognized as a protection symbol in conflict. Of the 190 National Societies which are currently recognized by the ICRC, 154 are using the Red Cross as their official organization emblem. The Red Cross, Red Crescent and red crystal are symbols of protection. The emblems are not religious symbols

# YOUTH RED-CROSS ANNUAL REPORT- 2016 - 2017

With an oath of "I take care of the health of others like my health, Children who are sick, and especially needful. Everyone in the world is my friends".

# YOUTH RED CROSS ADVISORY COMMITTEE

SL.NO	NAME	DESIGNATION	POSITION
1	Prof. Umesha	Principal	Chairperson
2	Prof. B Somanna	IQAC Coordinator	Member
3	Sri. Basavadattamahadevaprasad C S	Assistant Professor	Programming Officer
4	Kum. Tejashwini M	Assistant Professor	Member
5	Sri. Guruprasad K R	Assistant Professor	Member

#### **HEALTH CHECK-UP PROGRAMME**

On the auspicious occasion of Founder's day a Free Health Check up Camp was organized by Youth Red Cross cell in association with Lions club, Kollegal. Members of YRC, Students and staff actively participated in the Programme. Eye checkup, Blood Grouping, etc were carried on in the Programme. The program was inaugurated by Dr. S Shivarudraswamy, Founder of Lions Club. Prof. Umesha, Principal delivered the presidential speech.





### AIDS AWARENESS PROGRAMME

On 17 February 2017 AIDS awareness programme was held in association with RRC by YRC. Sri Shashikanth, personal counseler, Government hospital, Kollegal was invitee. He gave speech on AIDS and its description and enlightened the students about how to be safe from this deseace. Prof. Umesha, Principal, Sri Basavaraju, NSS officer, Smt.Smitha were present.





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5	Sri. Prakash K S	Assistant Professor	Member

# HIV AND AIDS AWARENESS PROGRAMME

On 6 March 2018 AIDS awareness programme was held in association with RRC by YRC. Sri Shashikanth, personal counseler, Government hospital, Kollegal was invitee. He gave speech on AIDS and its description and enlightened the students about how to be safe from this deseace. Prof. Umesha, Principal, Sri Basavaraju, NSS officer, Smt.Smitha were present.







# **HEALTH CHECK-UP CAMP**

The Health Check-up Camp was organized by Youth Red Cross Cell in collaboration with Alumni association and JSS Medical College and Hospital, Mysore. The health camp was organized with the motive to provide free health check-up for the Students. The event included providing general health check-up, Eye check-up and Blood Grouping.









# YOUTH RED-CROSS ANNUAL REPORT- 2018-2019

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#### **BLOOD DONATION CAMP**

The Blood donation camp was organized by Youth Red Cross Cell and NSS in association with Lions Club, Akkana Balaga and Vasavi Mahila Sangha on 1 October, 2018. The student volunteers from the college and also public donated blood. The program was inaugurated by the Mr.Nagaraj V.Bairy, Lions Club, Kollegal and he spoke that Blood donation can save many lives. Blood donation can only be done while still alive, if a man can make his other organs dead. Blood donation can improve health along with physical balance. The program was summoned in the presence of the members of Lions Club, Akkana Balaga, Vasavi Mahila Sangha and the faculty of the college. About 40 people donated blood.









#### 'THE PRINCIPLES OF GANDHIJI AND SHASTRIJI AT PRESENT TIME'- SAMVADA

On account of Gandhi Jayanthi in our college Samvada was organised by the NSS Unit, Youth Red Cross Unit and History Department on 5 October 2018 on "THE PRINCIPLES OF GANDHIJI AND SHASTRIJI AT PRESENT TIME. Sri. H G Natarajan, Assistant Professor said that "Shastriji is a strong proponent of such concepts as truth and non-violence, while the Gandhiji is a replica of simplicity even though he is elevated to the position of prime minister of the country. Prof. Umesha, Principal, presided over the programme. Volunteers of Youth Red Cross and NSS also actively participated in Samvada programme.





# QUIZ COMPETITION ON 'LEARN INDIA' PROGRAMME

Quiz competition was organised by Youth Red Cross Cell on the topic 'Learn India' in association with Bharath Vikas Parisath, Kollegal on 6 October, 2018. Prof. Umesha, Principal inaugurated the quiz competition and he said that "the spirit of a clean and strong India, which is at the forefront of all sectors, is only possible with the youth power. In 1991, India was notorious for being the world's largest and most influential in foreign aid. India received about 40 percent of the International Development Association, a subsidiary of the World Bank. But in 2016, India was considered one of the world's most powerful countries". Sri. Venkatachala, President of the Bharat Vikas Parishad, Kollegal, Sri G P Nagarajappa, Sri. B S Shivashankar, Sri.Mahadevaswamy, Sri Sundarappa, Sri Basavadattamahadevaprasad C S were present in the programme.







#### A DAY WORKSHOP ON MENTAL STRESS: CAUSES AND REMEDIES

A day workshop was organised on the topic "Mental Stress: Causes and Remedies" in association with NSS and Taluk Legal Service Association on 10 October, 2018. Sri S G Krishna, Hon'ble Senior Rank of Civil Judge, Kollegal inaugurated the workshop and he spoke that "Women will have to face many stages in their lives and will face many hardships. When stress is high, she gets depressed. Currently, one in every 5 women suffers from one or more stages of life". Prof. Umesha, Principal, presided over the programme.

Workshop had two technical sessions on "Depression and Women" and "Causes and Relief". Sri Venkatachala, Advocate, Kollegal and Sri Shivaramegowda, Senior Health Officer, Taluk Health Office, Kollegal were resource persons.



#### NATIONAL YOUTH DAY

On account of 156<sup>th</sup> Birthday celebration of Swami Vivekananda National Youth Day was held and conducted a day workshop on 'The Role of Youth in Strong Nation Building' was Jointly Organised from Youth Red cross Wing and NSS. Workshop had two technical sessions on "Youth and the Nation" and "Success in Vivekananda's Vision". Sri.Suresh Rugvedhi, Lecturer, Govt. Pre-University college, Amachavadi and Dr. Sandeep S, Assistant Professor, Nisarga College of Management, Kollegal were the resource persons. Sri H G Natarajan, Assistant Professor of History, Sri Basavadattamahadevaprasad C S, faculty members and students were present in the programme.







# NATIONAL YOUTH WEEK-INTERACTION WITH ACHIEVERS

On account of National Youth Week interaction programme was organised by Youth Red Cross cell with achievers. The achiever Sri. N M Prathap, the young scientist was invited for interacted with students and also Felicitation to the young scientist was held. Sri.G P Nagarajappa, Former Extension Officer, Govt. Silk Exchange, Kollegal was the chief guest. Prof. Umesha, Principal, delivered the president speech. All students actively participated in the interaction programme.







# SPECIAL LECTURE ON SKILL DEVELOPMENT

A special lecture program was organized by Youth Red Cross Cell in association with Taluk Legal Service Association, Lawyers Association and Nehru Yuva Kendra on the topic 'Skill Development'. Sri S J Krishna, Hon'ble Senior Rank of Civil Judge, Kollegal inaugurated the program and spoke on the occasion. Sri.Venkatachala, Senior Advocate, Kollegal and Sri. Madhusudan, Advocate, were the resource persons. Prof. Umesha, Principal, presided over the programme.











# **DEBATE AND SPEECH COMPETITION**

On account of National Voters Day Inter Collegiate Debate and Speech Competition was organised by the Youth Red Cross Cell in association with Department of Political Science and NSS. The program was inaugurated by Prof. M P Nataraj, Retired Principal, JSS College for women, Kollegal. Prof. Umesha Principal Presided over the programme. Prof. M Basavaraju and Sri. Prakash were judges. All students were actively participated in the program.







# NATIONAL VOTERS DAY

9<sup>th</sup> National Voters Day was organized by Youth Red Cross Cell in collaboration with Department of Political Science and NSS. Dr.Sushma, Assistant Professor, Department of Political Science inaugurated the program. Prof.Umesha, Principal, presided over the programme. Before the stage function a Jatha program to raise awareness of the importance of voting on the main streets of the town was held. The winners of the inter collegiate competitions were awarded cash prize.









#### **VOTING AWARENESS PROGRAMME**

The voting awareness programme was organised by Youth Red Cross Cell in association with Electoral Literacy Club. Sri.Vishakantamurthy, Principal, JSS School of Nursing, Kollegal inaugurated the programme and he said that "everyone who is 18 years old is eligible to vote. Voting is a sacred right. Vote for the good fortune of the country, not for the security and stability of the country, but for the survival of democracy. Prof.Umesha, Principal, presided over the programme. Sri. Ramesh, the Panchayat Development Officer, Kollegal, spoke on the occasion. Sri Basavadatta Mahadevaprasad, Youth Red Cross Convener, Sri Prakash, Electoral Literacy Club member were present.









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5	Sri. Guruprasad K R	Assistant Professor	Member

### PREVENTION OF CRIME

Prevention of Crime awareness programme was organized by Youth Red Cross Cell in association with NSS and Town Police Station. Sri.Rajendra, Sub Inspector, Town Police Station inaugurated the program. Sri.Deekshith, chief guest addressed the students about prevention of crime. More than 200 students participated in the program. Prof.Umesha, Principal, presided over the programme.









### SPECIAL LECTURE PROGRAM

On account of Lawyers Day a special lecture program was jointly organized by Youth Red Cross Cell and Alumni Association on the topic 'Role of Lawyers in the creation of Good Society'. Smt.Nirmala Madhusudhan was the resource person of the Program and she enlightened Students about creation of good society. Prof.Umesha, Principal, presided over the programme. Programming officer of YRC and co-ordinator of Alumni association participated in the program.





# SPECIAL LECTURE ON DECLINING OF VALUES IS THE CAUSE FOR SOCIAL EVIL

A special lecture programme was organized by Youth Red Cross Cell on the topic 'Declining of values is the Cause for Social Evil' on 26 December 2019. Sri.Suresh, Assistant Professor, Dept.of Geography, Government First Grade College, T-Narasipura was the resource person. He enlightened Students about the moral values. Prof.Umesha, Principal, presided over the programme. Sri. BasavadattaMahadevaprasad C S, Smt. Smitha A S, Assistant Professor of Geography, faculty members and students were present.





## SPECIAL LECTURE ON LIFE STYLE OF SWAMI VIVEKANANDA

On account of Swami Vivekananda's 157<sup>th</sup> birthday celebration a special lecture programme was jointly organised by Youth Red Cross Cell and NSS unit on the topic 'Life Style of Swami Vivekananda'. Sri.Suresh Rugvedhi, lecturer, Govt. Pre-University College, Amachavadi was the resource person, he spoke that Influenced by Vivekananda's life and message, hundreds of freedom fighters have made their way into India's freedom struggle. His name embodies and fosters our admiration for the country. "Selflessness have made the world a world champion of India". Prof.Umesha, Principal, presided over the programme.Sri Basavadatta Mahadevaprasad, Sri Basavaraju and Sri H G Natarajan were present.











## NATIONAL VOTERS DAY - SPECIAL LECTURE PROGRAM

On account of 10<sup>th</sup> National Voters Day a Special lecture program was organized by Youth Red Cross Cell in association with Electoral Literacy Club on the topic 'Role of Voting in Democratic System'. Sri. D S Satishkumar was the resource person. He said that "it is the duty and right of every voter to be vigilant and compulsory at the time of voting. Our vote is not just one vote but the power to decide the future of the country. We, as citizens, should vote for the future of the country, without being lured. All women and men over 18 years of age have the right to vote". Prof.Umesha, Principal, presided over the programme. Faculty members and students participated in the programme.







### AWARENESS ON PREVENTION OF CORONA VIRUS

The youth Red Cross Cell organised an awareness programme on Corona Virus in association with JSS Medical University, Mysuru. A team of Doctors led by Dr. Bharath T took part in the programme. Students and Staff were enlightend how not to catch or spread Corona Virus.











# YOUTH RED-CROSS ANNUAL REPORT - 2020-2021

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4	Sri.Prakash K S	Assistant Professor	Member
5	Sri. Guruprasad K R	Assistant Professor	Member

#### WORLD AIDS DAY AND SPECIAL LECTURE

World AIDS Day was observed on 1 December 2020 and a special lecture on "World AIDS Day – An Awareness" was organized by "Youth Red Cross Unit" of the college. Sri Shivakumar, Personal Counselor, District Health Centre, Chamarajnagar, inaugurated and delivered key note address. In his speech he pointed out "in absence of any cure for HIV/AIDS prevention is the best way to safeguard oneself against this infections disease that can threaten life if not treated".

Prof Umesha, Principal presided over the programme in his presidential speech he added since 1990, research and medical practices have made significant improvement for the care of people living with HIV. The theme for 2020 focuses on the importance of providing care and support even during the corona virus pandemic.

Sri Basavadatta MahadevaPrasad C S, Convenor, Youth Red Cross Unit mastered the programme. It was concluded with thanking vote by the convenor.





#### RE-OPENING OF COLLEGES DURING COVID 19 PANDEMIC – A GUEST LECTURE

On 8 December 2020 a guest lecture on "Reopening of colleges during Covid 19 Pandemic" was organized at 12:00 Noon. The event was initiated by Youth Red Cross Unit of the college. It was started with an invocation by Smt. Vani, Department of Business Administration. Prof. Saraswathi S, Dept. of PG studies in Commerce was invited as Speaker.

Speaking on the occasion she said re-opening of college during covid 19 pandemic was a daunting challenge with no effective treatment for victims, no vaccines, a highly contagious virus; bringing together students in traditional ways would be irresponsible. Every college should implement best practice, including symptoms screening, diagnostic testing, content tracing, isolation of cases, quarantine of contacts, use of masks, dedensification of living arrangements, classes and events. Colleges could not be opened completely, risk free but re-open was must. Hence reopening should be prudent with greater degree of attention to mastering covid – 19 pandemic. She remarked further.

Prof. Umesha, Principal presided over the event. Sri Basavadatta Mahadevaprasad C S, convener, Youth Red Cross Unit initiated the event with welcome note and concluded by proposing vote of thanks.







#### INTERNATIONAL ANTI CORRUPTION DAY

On 9 December 2020 Youth Red Cross unit of the college organized International Anti Corruption Day with an object of spreading awareness against corruption. Every year December is celebrated as International Anti Corruption Day around the World.

Smt.Mamatha, Assistant Professor of Management was invited as speaker. While speaking on the topic "corruption undermines social and Economic Development, he said corruption was found in all parts of the world. It undermines the social and economic development in all societies contributes the governmental instability and slow down economic development. It is just like a sweet poison. It takes peoples freedom, health, money and sometimes their lives."

Prof. Umesha, Principal presided the programme was initiated by welcome speech by the convenor of Youth Red Cross Unit. It was concluded with a thanking vote.





#### VIJAY DIWAS- 2020

On 16 December 2020 the day was observed as "Vijay Diwas" and commemorated Indian victory in the war of 1971 that led to formation of Bangladesh. Celebration was initiated by the Youth Red Cross Cell and 80 students witnessed it.

Sri Prakash, Dept of Political Science spoke on the occasion. He pointed out in his speech that this day led to the liberation of East Pakistan and the creation of the new state Bangladesh. A proud movement for the Indian army, as this was their first conclusion war after the end of World war second. It is also quite a big day for Bangladesh, as it earned status as an independent entity. Nearly one-third army of Pakistan was captured by Indian forces. It was a 13 December 1971. Around 93000 Pakistani troops surrounded to the allied forces during the end of the war he also added.

Prof. Umesha, Principal chaired the programme. Sri Basavadatta Mahadevaprasad C S, convener, Youth Red Cross Unit present in the occasion. Kum. Sindhu welcomed, Kum Vijayalakshmi proposed vote of thanks and Kum. Priya mastered the Programme.





#### SPECIAL LECTURE ON MENTAL HEALTH AND PHYSICAL FITNESS

On 29 December 2020 a Special Lecture on "Mental Health and Physical Fitness" was organized by Youth Red Cross Unit of the college at 2:00 PM in the seminar hall. Programme was initiated by welcome note by Miss Jayashree, a student of III B.Com. Sri Shivakumar, Personal Counselor, Mental Health Department, D C Office, Chamarajnagar was invited as main speaker.

In his speech Sri Shivakumar said "Mental Health and Physical well being department. It's no surprise that the more you help your body, the more you help your mind. Physical workout can help us beat stress and gain a more positive outlook on life. While exercise is good for the brain and the body, so is meditation."

Prof. Umesha, Principal in his presidential address said Mental Fitness would be just as important as Physical Fitness. Mental Fitness means keeping our brain and emotional health in tip top shape. It did not mean training for brain Olympics. A health body could prevent conditions like heart disease, diabetes and helped us to maintain independence as we aged.

42 students witnessed the programme and actively took part in post lecture, question and answer session. Sri Basavadatta Mahadevaprasad, Convenor, Youth Red Cross Unit was present. It was concluded with vote of thanks by Miss Jayashree.





#### SPECIAL LECTURE ON YOUTH IN ACTION BUT NEEDS DIRECTION

Swamy Vivekananda is the Man of Wisdom, faith, a true philosophy whose teachings not only motivated youth but also paved the way for the development of the country". Said Sri Srinivasa, Librarian, Library and Information Centre on Tuesday, 12 January 2021.He was speaking as resource person on the topic "Youth in Action but need Direction" in a special lecture programme organized by Youth Red Cross and NSS jointly on the auspicious occasion of Swamy Vivekananda's 158th birthday anniversary and National Youth Day. The philosophy of Swamiji and the ideals for which he lived and worked could be a great source of inspiration for our youth. He was a great thinker, social reformer. The way he represented India in the First Parliament of Religion held in Chicago in 1983 was the showcase of his talent, he further said.

Prof. Umesha principal in his presidential address remarked that "National Youth Day creates awareness provides knowledge about the right of people, educates people to behave properly in the country, makes a better future of the country by motivating youths and spreading his ideas. It is a great way to wake up the eternal energy of the youth as well as to make the country strong, he remarked further.

More than 100 students witnessed the programme. Conveners of Youth Red Cross and NSS and Smt. Vani were on the Dias. Kum Bindhu mastered the programme. Winners of essay competition on this occasion were awarded cash prize.

Earlier it was initiated by welcome note and at the end was concluded by vote of thanks by Kum. Asha.



